

# Relay and Pacer Waiver - Riverlands 100

I understand that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained. I understand that this is a trail race, not a road race. I am well trained and prepared to deal with any of the beautiful obstacles the trail may present including rocks, roots, downed trees, puddles, streams, and hills. If I get hurt, it's my own damn fault. I assume full and complete responsibility for any injury or accident which may occur during the event, or while I am on the premises of the event. I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, cold temperatures, the conditions of the trails, and vehicle traffic. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, Trail Monster Running LLC, the State of Maine, the Town of Turner, ME, sponsors, promoters and each of their agents, representatives, successors and assigns, and all other persons associated with the event, for all my liabilities, claims, actions, or damages that I may have against them arising out of or in any way connected with my participation in the this event. I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise.

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_

**Runner** \_\_\_\_\_ **Bib #** \_\_\_\_\_

**Address (for contact tracing if necessary):**

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